



 **Regione Lombardia**
Sport

 **Coni**
Comitato Regionale
Lombardia



USacli



SPORTPADANIA

Saturday 28th & Sunday 29th MARCH 2009

Presents:

**11TH INTERNATIONAL ITALIAN GRAND PRIX
"OPEN" W.U.K.O.**

KATA Competition: Individuals, Teams & Over 35

Styles will be grouped in **SHOTOKAN-SHOTOKAI** and **INTERSTYLE** (SHITO,WADO,GOJU.....etc).

**KUMITE: Sanbon – Individuals and Teams Kids/Junior / Senior
Ippon – Individuals Junior / Senior**

The competition is open to all the sports associations and federations conforming to their own insurance rules.

City: **DESIO (MI)**

Address: **SPORTHALL- PALADESIO - Via AGNESI**
Dual carriageway MILANO-MEDA, exit 8 (the stadium is on the way, after 2 km)

Programme: (Competition divided on 8 tatamis)

Styles will be grouped in **SHOTOKAN-SHOTOKAI** and **INTERSTYLE SHITO,WADO,GOJU.....etc)**

Saturday 28th	Sunday 29th
Hs 09.30: Team KATA Kids 6/8 years followed by individual categories	Hs 09.30: Team KATA Primaries Junior/Senior
Hs 11.00: Team KATA Kids 9/11 years followed by individual categories	Hs 10.00: Individual categories Kata
Hs 12.00: Team KATA Kids 12/14 years followed by individual categories	Hs 13.00: SANBON Kumite individual competition, Primaries, Juniors and Seniors
Hs 13.30: Opening Ceremony	Hs 16.30: Kumite IPPON e OVER 35 competition
Hs 14.00: Team KUMITE Sanbon Rotation JUN/Sen	Hs 17.00: Sanbon Team Kumite Senior
Hs 14.30: Team KUMITE Sanbon Kids	Hs 19.30: Estimated end of competition.
Hs 14.30: KUMITE Sanbon Kids	
Hs 18.30: Estimated end of competition	

Inscriptions: By **Monday 22th March 2009, no inscriptions on place accepted**.
It is possible to apply via fax to the following number: **Fax: +39 178 225 8511**

Otherwise, it is possible to apply by using the following email address:

cellamarovincenzo@tiscali.it

Fees: € **20** x individual competition (every athlete can participate to two individual categories; any other categories will be charge 5 € each).

€ **15** x Teams

It is possible to pay at the competition. The names of the participants will be considered for the number of payers.

INFOLINE: PHONE: +39 02 9964570

Mobile: +39 348 0196281

cellamarovincenzo@tiscali.it

www.kentozazen.it

-Styles will be divided into SHOTOKAN and INTERSTYLE (SHITO, WADO, GOJU.....etc).

It is important to specify the style when apply to the competition.

-White, Yellow and Hsng belts can bring the same KATA to the final.

-Given the presence of athletes from difference Federations, in the KIDS categories the following KATAS are allowed:

Gojushiho sho/dai, Unsu Suparimpei, or a correspondent one in your own style.

-KIDS KATA teams can be of mixed genders.

SATURDAY 28TH

KATA: SHOTOKAN-SHOTOKAI

Team KATA Kids: 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old)

M1- age 6/8 W/Y/O/G/B/B

M2- age 9/11 W/Y/O/G

M4- age 12/14 W/Y/O/G

M3- age 9/11 B/B/B

M5- age 12/14 B/B/B

KATA INDIVID. Kids: Hs 9,30 (age 6/8) 11,00 (age 9/11) 12,00 (age 12/14).

Years: 2001/02/03 (6/8)

Years: 1998/99/00 (9/11)

Years: 1995/96/97 (12/14)

N1-6/8 W/Y (M)

N7-9/11 W/Y (M)

N15-12/14 W/Y (M)

N2-6/8 O/G (M)

N8-9/11 O/G (M)

N16-12/14 O/G (M)

N3-6/8 B/B (M)

N9-9/11 B/B (M)

N17-12/14 B/B (M)

N10-9/11 BLACK (M)

N18-12/14 BLACK (M)

N4-6/8 W/Y (F)

N11-9/11 W/Y (F)

N19-12/14 W/Y (F)

N5-6/8 O/G (F)

N12-9/11 O/G (F)

N20-12/14 O/G (F)

N6-6/8 B/B (F)

N13-9/11 B/B (F)

N21-12/14 B/B (F)

N14-9/11 BLACK (F)

N22-12/14 BLACK (F)

KATA: INTERSTYLE (SHITO,WADO,GOJU, etc.)

TEAM KATA KIDS: 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old)

Z1- age 6/8 W/Y/O/G/B/B

Z2- age 9/11 W/Y/O/G

Z4- age 12/14 W/Y/O/G

Z3- age 9/11 B/B/B

Z5- age 12/14 B/B/B

INDIVIDUAL KATA KIDS: 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old).

Years: 2001/02/03

Years:1998/99/00

Years: 1995/96/97

P1- age 6/8 W/Y (M)

P7- age 9/11 W/Y (M)

P15- age 12/14 W/Y (M)

P2- age 6/8 O/G (M)

P8- age 9/11 O/G (M)

P16- age 12/14 O/G (M)

P3- age 6/8 B/B (M)

P9- age 9/11 B/B (M)

P17- age 12/14 B/B (M)

P10- age 9/11 BLACK (M)

P18- age 12/14 BLACK (M)

P4- age 6/8 W/Y (F)

P11- age 9/11 W/Y (F)

P19- age 12/14 W/Y (F)

P5- age 6/8 O/G (F)

P12- age 9/11 O/G (F)

P20- age 12/14 O/G (F)

P6- age 6/8 B/B (F)

P13- age 9/11 B/B (F)

P21- age 12/14 B/B (F)

P14- age 9/11 BLACK (F)

P22- age 12/14 BLACK (F)

Alethes can participate in higher categories only after the inscription or only after having competed in their own category. This rule is necessary in order to avoid that some categories are overcrowded.

KUMITE: SANBON KIDS

Individual Kumite (shobu sanbon): 14,30 (6/8 years old),15,00 (9/11 years old),15,00 (12/14 years old).

R1- age 6/8 W/Y/O (M) OPEN

R13- age 6/8 W/Y/O (F) OPEN

R2- age 6/8 G/B/B (M) OPEN

R14- age 6/8 G/B/B (F) OPEN

R3- age 9/11 W/Y/O (M) Kg-45

R15- age 9/11 W/Y/O/G (F) Kg-40

R4- age 9/11 G/B (M) Kg-45

R16- age 9/11 B/Black (F) Kg-40

R5- age 9/11 B/Black (M) Kg-45

R17- age 9/11 W/Y/O/G (F) Kg+40

R6- age 9/11 W/Y/O (M) Kg+45

R18- age 9/11 B/B/B (F) Kg+40

R7- age 9/11 G/B (M) Kg+45

R8 age 9/11 B/Black (M) Kg+45

R09- age 12/14 W/Y/O/G (M) Kg-50

R19- age 12/14 W/Y/O/G (F) Kg-45

R10- age 12/14 B/B/B (M) Kg-50

R20- age 12/14 B/B/B (F) Kg-45

R11- age 12/14 W/Y/O/G (M) Kg+50

R21- age 12/14 W/Y/O/G (F) Kg+45

R12- age 12/14 B/B/B (M) Kg+50

R22- age 12/14 B/B/B (F) Kg+45

Team Kumite (shobu sanbon): Hs: 14,30 (1995/95/96/97/98/2000)

Q1- Male OPEN

Q2- Female OPEN

Team Rotation Kumite (shobu Sanbon): Jun\Senior hs: 14,00 (no Primaries)

W1- Male OPEN

W2- Female OPEN

Individual Kumite:

- The matches will last 1.30 minutes;
- Max scHs: **3 IPPONS**, both in all the stages and in finals;
- Contact to face is forbidden, light chudan contact permitted

Team Kumite: the previous rules apply (participants between 6/8 years of age not permitted)
COMPULSORY PROTECTIONS: Cup, Gloves, shin pads, helmet, body armour,

Protections are personal. Helmet and body armour can be provided by the organizers if the athletes do not own them. A selling point will be present as well.

A stand selling the main equipment for the competition will be available.

SUNDAY 29TH

KATA: SHOTOKAN-SHOTOKAI

TEAM KATA: PRIMARIES/JUNIOR/SENIOR Hs 09,30

S1- W/Y/O/G (M) S2- B/B/B (M) S3- W/Y/O/G (F) S4- B/B/B (F)

INDIVIDUAL KATA PRIMARIES/JUNIOR/SENIOR /OVER: Hs 10,00

PRIMARIES /JUN-YEAR: 1989/90/91/92/93/94

SENIORES YEAR: 1988 to 1974

A1- W/Y (M)	A5-W/Y (F)	A9 W/Y (M)	A13 W/Y (F)
A2- O/G (M)	A6-O/G (F)	A10 O/G (M)	A14 O/G (F)
A3-BLUE/BROWN (M)	A7-BLUE/BROWN (F)	A11 BLUE/BROWN (M)	A15 BLUE/BROWN (F)
A4-BLACK (M)	A8- BLACK (F)	A12 BLACK (M)	A16 BLACK (F)

KATA: INTERSTYLE (SHITO,WADO,GOJU, etc....)

TEAM KATA: PRIMARIES/JUNIOR/SENIOR Hs 09.30

T1- W/Y/O/G (M) T2- B/B/B (M) T3- W/Y/O/G (F) T4- B/B/B (F)

INDIVIDUAL KATA PRIMARIES/JUNIOR/SENIOR /OVER: Hs 10,00

PRIMARIES /JUN-YEAR: 1989/89/90/91/92/94

SENIORES YEAR: 1988 to 1974

C1- W/Y (M)	C5- W/Y (F)	C9- W/Y (M)	C13 W/Y (F)
C2- O/G (M)	C6- O/G (F)	C10 O/G (M)	C14 O/G (F)
C3-BLUE/BROWN (M)	C7- BLUE/BROWN (F)	C11 BLUE/BROWN (M)	C15 BLUE/BROWN (F)
C4- BLACK (M)	C8- BLACK (F)	C12 BLACK (M)	C16 BLACK (F)

OVER 35 RENGOKAI : (shoto-shito-wado-ecc.....)

D1- W/Y/O/G (M) D2- B/B/B (M) D3- W/Y/O/G (F) D4- B/B/B (F)

KUMITE SANBON RULES: PRIMARIES /JUNIHSS/SENIOR and OVER

- Matches will last 2 minutes
- Finals will last 3 minutes with a max scHs of 3 IPPONS.
- **COMPULSORY PROTECTIONS:** Cup, Gloves Chest cover, shin pads (without foot cover)
- **OTHER ACCEPTED PROTECTIONS:** Gum shield
- ***Team Kumite:** Same asHsmentioned rules.
- ****Juniores and Seniores can't participate in the over 35 category**

KUMITE: Primaries,Junior,Senior,Over

Individual Kumite (shobu sanbon) Hs: 13,00 Primaries (1992/93/94) –Junior (1989/89/91)- Senior (1988\74)

PRIMARIES:

JUNIOR:

SENIOR:

E1- W/Y/O/G Kg -70 (M)	G1- W/Y/O/G Kg -70 (M)	H1- W/Y/O/G Kg -70 (M)
E2- W/Y/O/G Kg +70 (M)	G2- W/Y/O/G Kg +70 (M)	H2- W/Y/O/G Kg +70 (M)
E3- B/B/B Kg -65 (M)	G3- - B/B/B Kg -65 (M)	H3- B/B/B Kg -65 (M)
E4- B/B/B Kg -70 (M)	G4- B/B/B Kg -70 (M)	H4- B/B/B Kg -70 (M)
E5- B/B/B Kg -75 (M)	G5- B/B/B Kg -75 M	H5- B/B/B Kg -75 (M)
E6- B/B/B Kg +75 (M)	G6- B/B/B Kg +75 (M)	H6- B/B/B Kg +75 (M)
E7- W/Y/O/G Kg -50 (F)	G7- W/Y/O/G Kg -55 (F)	H7- W/Y/O/G Kg -60 (F)
E8- W/Y/O/G Kg +50 (F)	G8- W/Y/O/G Kg +55 (F)	H8 W/Y/O/G Kg +60 (F)
E9- B/B/B Kg -50 (F)	G9- B/B/B Kg -55 (F)	H9 B/B/B Kg -55 (F)
E10- B/B/B Kg +50 (F)	G10- B/B/B Kg +55 (F)	H10 B/B/B Kg -60 (F)
		H11 B/B/B Kg +60 (F)

****OVER 35 (only SANBON) Hs: 16,30**

JUNIOR/SENIOR IPPON Hs: 16,30 (no Primaries)

L1 OPEN -Kg- OPEN (M)

L3- OPEN Kg -70 (M) L4- OPEN Kg +70 (M) L5- OPEN -Kg- OPEN (F)

L2 OPEN -Kg- OPEN (F)

Team Kumite SANBON: Junior/Senior Hs: 17,00

V1- Male OPEN

V2- Female OPEN

The societies which own an advertising banner are kindly invited to expose it during the 2 days competition



At the end of each category an award ceremony will take place.

KATA or KUMITE:

Individual Categories:

Cup to the first, second and the two third places.

Team Categories:

Cup plus medals to the first THREE teams in each category

SOCIETY:

Participation prize to everyone.

- Cup to the first four societies in Shotokan Kata and in Interstyle Kata.
- Cup to the first four societies in Kumite.

EXTRA Prizes:

They will be awarded directly to the societies by the sponsors of the event.

HOTEL STAYING (breakfast and free internet included)

HOTEL ST. JOHN (15 Km from Desio)
 Tel. +39 02 2405641 Fax +39 02 22470777
 20099 Sesto San Giovanni (Milano) Via Bruno Buozzi, 97
info@hotelstjohn.it www.hotelstjohn.it
 Convenzione "Karate"

- SINGLE ROOM € 75,00, DOUBLE € 89,00, TRIPLE € 99,00
- Restaurant (only on) € 22,00 (water included), Parking € 12,00

RESTAURANT

During the two days of the competition there will be a restaurant in the PALASPORT with a choice of three first courses, three second courses, fruit or dessert, water or wine for the price of € 15,00.

It is possible to send the participations to the competition using the excel file present on the site at the "GARE" or "NEWS" sections.

INFOLINE: Phone: +39 02 9964570

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**Application Form "11 ° International Grand Prix d'Italia"
28th and 29th March 2009**

5

Society _____ 

Style **SHOTOKAN**

INTERSTYLE

enrols the following athletes:

N°	Name	CATEGORY KATA	CATEGORY KUMITE	CATEGORY EXTRA KATA	CATEGORY EXTRA KUMITE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21	1				
	2				
	3				
22	1				
	2				
	3				
23	1				
	2				
	3				
24	1				
	2				
	3				

Regional, National or International Referees who could participate in the competition if asked during the two days.

N°	SURNAME NAME / REFEREE	CATEGORY / REFEREE
1		
2		
3		

The undersigned _____ in charge of this society declares that the abovementioned athletes are regularly insured and in good health conditions.

Pleas remember to indicate a phone number for possible doubts concerning information about the competition.